

# SPORT FRESH SPRAY GUIDELINES

How long and what to spray to ensure product success



## PADS

Make sure to spray the complete inside of helmet. Pay attention to the forehead pad, cheek pads, chin strap, and mouth guard.

**SPRAY FOR 8 SECONDS MINIMUM**



## LOCKERS

Spraying the entire locker is not necessary. Focus only on high touch point on both the inside and outside.

**SPRAY FOR 5 SECONDS MINIMUM**



## CLEATS

Spray each shoe individually both inside and out. Ensuring to focus on heel and toe areas. This will help with odor elimination as well.

**SPRAY FOR 5 SECONDS MINIMUM**



## BRACES

Spray both the front and back to get all foam padding. Don't forget the velcro. Same process for all other braces or equipment.

**SPRAY FOR 5 SECONDS MINIMUM**



## PADS

Make sure to spray chest area, both sides from arm to shoulder, pad straps, as well as other areas that collect sweat.

**SPRAY FOR 10 SECONDS MINIMUM**



## GLOVES

Make sure to spray both the inside and outside (back and palm) of gloves. Gloves can be sprayed daily if athlete wants.

**SPRAY FOR 5 SECONDS MINIMUM**